



NYSEF NORDIC KIDS FESTIVAL

March 20-21, 2010

Olympic Ski Jumping Complex, Lake Placid NY

Weekend Schedule

Saturday 3/20

8:30-9:15 Course Preview and bib pick-up

9:30-12 INDIVIDUAL SKATE RACE:

Lollipop 1/2k, J6 1k, J5 2K, J4 3K, J3 4K

12-1 Lunch, Open Training K6, K18 meter jumps

1-2 JUMPING COMPETITION: K6, K18

2 SKATE SPRINTS: Interval starts followed by heats

7 Awards at Olympic Ski Jump Base Lodge, followed by **ICE CREAM SOCIAL**

Sunday 3/21

8:30-9:15 Course Preview and bib pick-up

9:30-12 PAINTBALL BIATHLON:

Interval Starts

Awards at Olympic Ski Jump Base Lodge immediately following Biathlon race



Join us in the Olympic Village for a fun-filled weekend of xc ski racing, paintball biathlon and ski jumping!



\$40 entry fee includes all competitions, awards ceremony and ice cream dessert

online registration at nysef.org

Questions? contact Margaret Maher at margm@nysef.org

